

BY DIVERS, FOR DIVERS

MPAS AWARDS 2014 SPECIAL INTEREST MEDIA OF THE YEAR

Asian Diver

2014 • ISSUE 5
VOLUME 134



Deep Descent

WHERE OCEAN TITANS REST
DIVING'S BENEVOLENT EFFORTS
THE LURE OF LANYU, TAIWAN



NEWS

RUGBY DOWN BELOW

UNDERWATER RUGBY is a three-dimensional sport that requires basic swimming skills, stamina and a reasonable breath hold. As the name suggests, this adrenaline-pumping sport is played underwater in a pool with a depth of 3.8 to 5.0 metres. Players are equipped with a mask, snorkel and fins, fighting for possession of a salt-water filled rubber ball. Their main objective is to score goals by sinking the ball into metal baskets at the

bottom of each end of the pool.

The 50-year-old sport originated in Germany when a group of divers were looking for a way to spice up their diving training regimes. As of today, underwater rugby is played in Europe, Scandinavia, the Americas, Australia, New Zealand and in Asia. It is making inroads into local circuits via the First Astan Team Underwater Rugby (Singapore), which has joined the CMAS-affiliated Singapore Underwater Federation. 

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